



#### Itineraries in the Rincón de Ademuz

The lands of the Rincón de Ademuz are set around the north-south axis of the Turia, or Blanco, river. From the river valley, the summits and peaks rise up sharply: to the east they connect with the Javalambre massif; to the west they link up with the last spurs of the Montes Universales. Both of these ranges belong to the Iberian System, accounting for the high average altitude in the district. The lowest point is 700 m above sea level where the Turia river leaves Ademuz at Casas Bajas; the highest is at 1,836 m on the peak of Alto de las Barracas in Puebla de San Miguel.

Scenery in the Rincón de Ademuz is primarily farmland or forest, with market gardens, orchards and thickets of trees along the three main river valleys, the Turia or Blanco river, the Ebrón or Castiel, and the Boilgues or Vallanca. The diversity and appeal of the landscape make this territory a delight to discover, enabling the visitor to enjoy nature at its best while musing on the painstaking remodelling job carried out over generations by the people who live and work here. Why not leave your vehicle behind and tour this magnificent rural world on foot, on horseback or from the seat of a bicycle.

The Rincón de Ademuz offers magnificent opportunities for nature excursions, with the assistance of the so-called Short-Distance hiking routes known in Spain as the *Senderos de Pequeño Recorrido* (PRs). These are traditional trails used by hikers, who mark them using different coloured paints or signposts. They can be enjoyed by anyone in reasonably good shape with some hiking or walking experience over mountain terrain. Please remember that the conservation of these areas is a responsibility we all share.

Do not light fires or leave rubbish behind; take it back with you until you can deposit it in an appropriate place. Respect croplands, old buildings, and animal and plant life in general.

#### Short Distance Hiking Route network

Hikers in the Rincón de Ademuz have created nine Short Distance Hiking Routes (PRVs) marked with the generic abbreviation of PRV 131 and marked with white and yellow signposts. This network links all the villages in the district together and enables multiple routes to be chosen, depending on hikers' abilities and interests. Panels installed in all villages offer complete information on the network. This brochure includes six of the nine footpaths as follows:



- The PRV 131.1 joins the town of Castielfabib to the Cruz de los Tres Reinos (1560m), the mountaintop point where the regions of Aragón, Castile and Valencia coincide.

- The PRV 131.2, called the Cavanilles route to commemorate the famous Valencian botanist, connects the towns of Vallanca and Castielfabib.

- The PRV 131.6 follows the course of the river Boilgues and the Val ravine, leading from Vallanca to Ademuz and Val de la Sabina.

- The PRV 131.7, called the Salterón, or the 'big jump', traverses the mountains from the villages of Casas Bajas to Negrón.

- The PRV 131.8 ascends from Casas Bajas to the Alto de las Barracas (1836m), passing through Sesga and Puebla de San Miguel.

- The PRV 131.9 is called Los Barrancos, or the 'ravines', and winds along the Riodeva, the Vallurgo and the Valdelagua ravines between the villages of Torrealta, Mas del Olmo and Sesga.



#### For cycling fans

The roads in the Rincón de Ademuz have little traffic and offer cycling fans a number of interesting routes. Possibilities for cycling over asphalt roads are extensive: from comfortable rides along the river valleys to invigorating ascents to Ademuz-Val de la Sabina-Mas del Olmo-Puebla de San Miguel, offering a climb of over 400m.

For those preferring mountain-biking, there is an ample lineup of mountain trails available for adventurers. You can get quite close to the Alto de Barracas at 1860m on a mountain bike, or walk through the magnificent savin forest of Sierra Tortajada from Sesga, or reconnoitre the river Turia valley using farm tracks along the riverbed.

#### Maps

It is advisable to consult maps and seek additional written information when practising outdoor activities and mountain sports. The Rincón de Ademuz is covered by the following 1:50,000 scale maps: Ademuz 26-24 (612), Camarena de la Sierra 27-24 (613).

#### Useful tips

The Rincón de Ademuz can be accessed from Valencia along the three main routes described here:

- Dual Carriageway A-3 (Valencia-Madrid) up to Utiel, then the national route N-330 north to Sinarcas and Landete.

- Local road CV-35 (Valencia-Ademuz) through Liria and Chelva.

- National route N-234 (Sagunto-Burgos) to Teruel, and then west along the N-330.

There are two regular bus lines running from Valencia and Teruel to towns in the Rincón de Ademuz; the Barcelona-Cuenca bus line also stops at the town of Torrebaja.



#### Tourist Information Offices

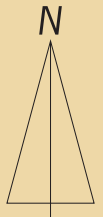
Tourist Info Rincón de Ademuz  
Paraje los Centenares, s/n  
46141 Castielfabib  
Tel: 978 783 227  
Fax: 978 783 229  
E-mail: rincondeademuz@touristinfo.net



## EL RINCÓN DE ADEMUZ







Carreteras  
Itinerario excursionista señalado  
Curso de agua

- Valdelacasa 1.564 m
- Cima
- Árbol monumental
- Ermita
- Monumento / Museo
- Área recreativa
- Área de acampada
- Alojamiento rural
- Hotel / pensión
- Restaurante
- Centros de Salud 24 h
- Gasolina
- Información Turística

inferior a 800 m  
800 m - 1.200 m  
1.200 m - 1.600 m  
superior a 1.600 m

